

# **LEADING THROUGH CONFLICT**

# The Direct Types: Conflict You Can't Miss

What You're Seeing: Conflict that's loud, forceful, and hard to ignore. It shows up as confrontation, interruptions, or emotional outbursts — designed to dominate the room and control the outcome. Their style can feel personal, but it's usually about control, not malice.

**Your Leadership Goal:** Stay calm and redirect. Don't match their energy — use process and composure to steady the group and keep dialogue open.

# → The Bulldozer

Goal: Win through force Method: Volume, repetition,

dominance

Signature Move: Interrupts, restates,

drowns out

Impact: Quieter voices retreat; "loud

wins" becomes culture Why It Matters: Over time,

compliance replaces collaboration

#### **✓** What Works

- Acknowledge briefly: "I hear your point let's get other perspectives.
- Redirect: "Let's pause how do others feel about this?"
- Use group norms or time limits to balance the floor.

#### Nvoid 🛇

- Matching energy or volume
- Shutting down or retreating.

#### Leadership Cue

• Don't push back. Recenter the process.

## The Volcano

Goal: Release pressure

**Method**: Calm → sudden eruption Signature Move: Emotional blast that silences the room

Impact: People avoid honesty; candor

feels unsafe

Why It Matters: Emotional outbursts

destroy psychological safety

#### **✓** What Works

- Lower your tone; model calm.
- Name the moment: "This feels intense let's pause."
- Regroup later, privately.

#### 🚫 Avoid

- Absorbing the blast.
- Retaliating or responding in real time.

### Leadership Cue

• Be the calm after the eruption.



# a The Joker

Goal: Undermine without

accountability

Method: Sarcasm, humor, or mockery

Signature Move: "Just kidding"

comments that sting

Impact: Normalizes cynicism,

weakens trust

Why It Matters: When jokes replace candor, integrity erodes quietly

#### **What Works**

- Turn humor into accountability: "Can you say more about that?"
- Set the norm: "Sarcasm can cloud the issue. Let's talk solutions."
- Model respect and seriousness.

#### Noid

• Laughing along or ignoring it repeatedly.

#### Leadership Cue

• You can't out-joke a Joker. Respect beats snark.



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This guide is part of The Academic Leader's Playbook: Conflict Series — a three-part toolkit on Direct, Indirect, and Controlling conflict styles found in higher ed. Designed to help leaders recognize, navigate, and reduce tension before it derails their work.

